



# AQUAFIT ACTIVITIES CENTER CALENDAR September 2025



<u>Sun</u>	<u>Mon</u>	<u>Tue</u>	<u>Wed</u>	<u>Thu</u>	<u>Fri</u>	<u>Sat</u>
NOP - Not Open To Public		All classes and activities are subject to change	Email: Admin@mbchg.org	If there's a class you'd like to teach, please contact Dottie Hennacy admin@mbchg.org	57121 Sunnyslope Dr. Yucca Valley, CA 92284 (760) 365-9661	IN BLUE: OPEN TO EVERYONE. PLEASE JOIN
	1 Yoga 9-10am	2 Stretch & Tone 10-11	3 Yoga 9-10am	4 Stretch & Tone 10-11	5 Watercolor 9-11 11AM Parkinson's Meeting	6
7	8 Yoga 9-10am	9 Stretch & Tone 10-11	10 Yoga 9-10am 1-3:30 Sportettes	11 Stretch & Tone 10-11 1-4—Bunco	12 Watercolor 9-11 Parkinson's Meeting 11:00-12:00	13
14	15 Yoga 9-10am	16 Stretch & Tone 10-11	17 Yoga 9-10am	18 Stretch & Tone 10-11 4-5:30—Board Meeting 6:00—Old Car Club	19 Watercolor 9-11	20 Life Stream Blood Bank 9:00-2:00 5PM Paint Parking
21	22 Yoga 9-10am	23 Stretch & Tone 10-11	24 Yoga 9-10am 3—6 Ice Cream Social	25 Stretch & Tone 10-11	26 Watercolor 9-11	27 5:00PM Paint Parking Lot
28 8:00AM Paint Parking Lit	29 Yoga 9-10am	30 Stretch & Tone 10-11				