



57121 Sunnyslope Dr., Yucca Valley
(760) 365-9661

POOL SCHEDULE

September 2025

Monday	Tuesday	Wednesday	Thursday	Friday
7 AM <i>Advanced Aerobics</i> Wanda Stadum	7 AM <i>Advanced Aerobics</i> Wanda Stadum	7 AM No Class	7AM <i>Advanced Aerobics</i> Wanda Stadum	7 AM <i>Advanced Aerobics</i> Wanda Stadum
8 AM <i>Intermediate Aerobics</i> Cecilia Neale	8 AM <i>Intermediate Aerobics</i> Cecilia Neale	8 AM <i>Intermediate Aerobics</i> Cecilia Neale	8AM <i>Intermediate Aerobics</i> Cecilia Neale	8 AM <i>Intermediate Aerobics</i> Sunny Evans
9 AM <i>Yoga in the Water</i> Sunny Evans	9 AM <i>Active Warm Water</i> Scott McKone	9 AM <i>Yoga in the Water</i> Sunny Evans	9AM <i>Active Warm Water</i> Scott McKone	9 AM <i>Yoga in the Water</i> Sunny Evans
10 AM <i>Rockin' & Rollin' Aerobics</i> Kathryn Hilton	10 AM <i>Intro to Aerobics</i> Donna Tomlinson	10 AM <i>Basic Warm Water</i> Kathy Breslin	10AM <i>Intro to Aerobics</i> Donna Tomlinson	10AM <i>Basic Warm Water</i> Kathy Breslin
11 AM <i>Active Warm Water</i> Terry Medford	11AM <i>Walkie-Talkie</i> Joyce Johnson	11 AM <i>Basic Warm Water</i> Kathy Breslin	11AM <i>Walkie-Talkie</i> Joyce Johnson	11AM <i>Active Warm Water</i> Terry Medford
12 APM <i>Aerobics</i> Tommy Dodson	12PM No class	12PM <i>Aerobics</i> Tommy Dotson	12PM No class	12 PM <i>Aerobics</i> Tommy Dodson
	6-8 PM <i>Active Adult Volleyball</i> Anita/Michal Brock			
<div>OUR HOURS ARE MON-FRI 7am to 1:30pm WED 8am to 1:30pm</div>				

****Schedule is subject to change****

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