

POOL SCHEDULE

57121 Sunnyslope Dr., Yucca Valley (760) 365-9661

September 2025

Monday	Tuesday	Wednesda	<i>r</i> Thursday	Friday	
7 AM	7 AM	7AM	7AM	7 AM	
Advanced Aerobics	Advanced Aerobics	No Class	Advanced Aerobics	Advanced Aerobics	
Wanda Stadum	Wanda Stadum	No Class	Wanda Stadum	Wanda Stadum	
8 AM	8 AM	8 AM	8AM	8 AM	
Intermediate Aerobics	Intermediate Aerobics	Intermediate Aerobic	Intermediate Aerobics Cecilia Neale	Intermediate Aerobics	
Cecilia Neale	Cecilia Neale	Cecilia Neale		Sunny Evans	
9 AM	9 AM	9 AM	9AM Active Warm Water	9 AM	
Yoga in the Water	Active Warm Water	Yoga in the Water	Scott McKone	Yoga in the Water	
Sunny Evans	Scott McKone	Sunny Evans		Sunny Evans	
,		·	10AM	·	
10 AM	10 AM	10 AM	Intro to Aerobics Donna Tomlinson	10AM	
Rockin' & Rollin' Aerobics	Intro to Aerobics	Basic Warm Water	Donna Tominison	Basic Warm Water	
Kathryn Hilton	Donna Tomlinson	Kathy Breslin		Kathy Breslin	
			11AM		
11 AM	11AM	11 AM	Walkie-Talkie	11 AM	
Active Warm Water	Walkie-Talkie	Basic Warm Water	Joyce Johnson	Active Warm Water Terry Medford	
Terry Medford	Joyce Johnson	Kathy Breslin	12PM	rerry iviediora	
12 APM	12PM	12PM		12 PM	
Aerobics		Aerobics	No class	Aerobics	
Tommy Dodson	No class	Tommy Dotson	IVO CIASS	Tommy Dodson	
,				,	
	6-8 PM				
	Active Adult Volleyball				
	Anita/Michal Brock				
		0	OUR HOURS ARE MON-FRI 7am to 1:30pm		
			WED 8am to 1:30pm		
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