




POOL SCHEDULE

57121 Sunnyslope Dr., Yucca Valley
(760) 365-9661

May 2024

Monday	Tuesday	Wednesday	Thursday	Friday
7 AM <i>Advanced Aerobics</i> Wanda Stadum	7 AM <i>Advanced Aerobics</i> Wanda Stadum	7 AM <i>Advanced Aerobics</i> Carol Geter	7 AM <i>Advanced Aerobics</i> Wanda Stadum	7 AM <i>Advanced Aerobics</i> Wanda Stadum
8 AM <i>Intermediate Aerobics</i> Kathy Dougan	8 AM <i>Intermediate Aerobics</i> Carol Geter	8 AM <i>Intermediate Aerobics</i> Carol Geter	8 AM <i>Intermediate Aerobics</i> Kathy Dougan	8 AM <i>Intermediate Aerobics</i> Kathy Dougan
9 AM <i>Yoga in the Water</i> Kathy Dougan	9 AM <i>Beginner Aerobics</i> Carol Geter	9 AM <i>Active Warm Water</i> Scot McKone	9 AM <i>Active Memory</i> Sunny Evans	9 AM <i>Yoga in the Water</i> Kathy Dougan
10 AM <i>Rockin' & Rollin' Aerobics</i> Kathryn Hilton	10 AM <i>Intermediate Aerobics</i> Eve Vykydal	10 AM <i>Basic Warm Water</i> Kathy Breslin	10 AM <i>Intermediate Aerobics</i> Eve Vykydal	10 AM <i>Intro to Warm Water</i> Kathy Breslin
11 AM <i>Disco Aerobics</i> Tommy Dodson	11 AM <i>Walkie-Talkie</i> Joyce Johnson	11 AM <i>Intro to Aerobics</i> Donna Tomlinson	11 AM <i>Walkie-Talkie</i> Joyce Johnson	11 AM <i>Intro to Aerobics</i> Donna Tomlinson
12 PM <i>Aqua Yoga</i> Neysa Griffith	12 PM <i>Basic Warm Water</i> Joyce Johnson	12-1 PM <i>Aqua Yoga</i> 1-1:30 Float & Relax Neysa Griffith	12 PM <i>Basic Warm Water</i> Joyce Johnson	12 PM No class
1 PM <i>Active Warm Water</i> Terri Medford	1 PM <i>Aerobics for All</i> Kari Smith		1 PM <i>Disco Aerobics</i> Tommy Dodson	1 PM <i>Active Warm Water</i> Terri Medford
	6-8 PM <i>Adult Water Volleyball</i> Michal Brock			6-8 PM <i>Adult Water Volleyball</i> Michal Brock
OUR HOURS ARE MON-FRI 7am to 2:30pm				



****Schedule is subject to change****
 Please check the schedule posted at the pool desk for changes.