



57121 Sunnyslope Dr., Yucca Valley
(760) 365-9661

POOL SCHEDULE

June 2026

Monday	Tuesday	Wednesday	Thursday	Friday
<p>7 AM <i>Advanced Aerobics</i> Wanda Stadum</p> <p>8 AM <i>Intermediate Aerobics</i> Cecilia Neale</p> <p>9 AM <i>Yoga in the Water</i> Sunny Evans</p> <p>10 AM <i>Rockin' & Rollin' Aerobics</i> Kathryn Hilton</p> <p>11 AM <i>Active Warm Water</i> Terry Medford</p> <p>12 APM <i>Aerobics</i> Tommy Dodson</p>	<p>7 AM <i>Advanced Aerobics</i> Wanda Stadum</p> <p>8 AM <i>Intermediate Aerobics</i> Cecilia Neale</p> <p>9 AM <i>Active Warm Water</i> Scott McKone</p> <p>10 AM <i>Active warm Water</i> Donna Tomlinson</p> <p>11AM <i>Walkie-Talkie</i> Joyce Johnson</p> <p>12PM No class</p> <p>6-8 PM <i>Active Adult Volleyball</i> Anita/Michal Brock</p>	<p>7 AM No Class</p> <p>8 AM <i>Intermediate Aerobics</i> Cecilia Neale</p> <p>9 AM <i>Yoga in the Water</i> Sunny Evans</p> <p>10 AM <i>Basic Warm Water</i> Kathy Breslin</p> <p>11 AM <i>Basic Warm Water</i> Kathy Breslin</p> <p>12PM <i>Aerobics</i> Tommy Dotson</p>	<p>7AM <i>Advanced Aerobics</i> Wanda Stadum</p> <p>8AM <i>Intermediate Aerobics</i> Cecilia Neale</p> <p>9AM <i>Active Warm Water</i> Scott McKone</p> <p>10AM <i>Active Warm Water</i> Donna Tomlinson</p> <p>11AM <i>Walkie-Talkie</i> Joyce Johnson</p> <p>12PM No class</p>	<p>7 AM <i>Advanced Aerobics</i> Wanda Stadum</p> <p>8 AM <i>Intermediate Aerobics</i> Sunny Evans</p> <p>9 AM <i>Yoga in the Water</i> Sunny Evans</p> <p>10AM <i>Basic Warm Water</i> Kathy Breslin</p> <p>11 AM <i>Active Warm Water</i> Terry Medford</p> <p>12 PM <i>Aerobics</i> Tommy Dodson</p>

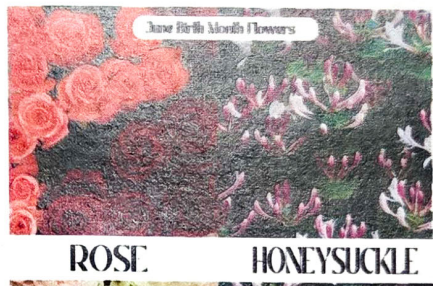


**OUR HOURS ARE MON-FRI 7am to 1:30pm
WED 8am to 1:30pm**

****Schedule is subject to change****



AQUAFIT ACTIVITIES CENTER CALENDAR June 2026



<u>Sun</u>	<u>Mon</u>	<u>Tue</u>	<u>Wed</u>	<u>Thu</u>	<u>Fri</u>	<u>Sat</u>
NOP - Not Open To Public	IN BLUE: OPEN TO EVERY- ONE. PLEASE JOIN	All classes and activities are subject to change	Email: Activities@mbchg.org	If there's a class you'd like to teach, please contact Dottie Hennacy at director@mbchg.org	57121 Sunnyslope Dr. Yucca Valley, CA 92284 (760) 365-9661	
	1 Yoga 9-10am	2 Stretch & Tone 10-11	3 Yoga 9-10am	4 Stretch & Tone 10-11	5 Watercolor 9-11	6
7	8 Yoga 9-10am	9 Stretch & Tone 10-11	10 Yoga 9-10am 1-3 :30 Sportettes	11 Stretch & Tone 10-11	12 Watercolor 9-11 Parkinson's Mtg. 11:30-12:30	13
14	15 Yoga 9-10am	16 Stretch & Tone 10-11	17 Yoga 9-10am	18 Stretch & Tone 10-11 4:00-6:00 Board Mtg. 6:00-8:00 Old Car Club	19 Watercolor 9-11 <u>YARD SALE</u> <u>9 TO 2</u>	20 <u>YARD SALE</u> <u>9 TO 2</u>
21	22 Yoga 9-10am	23 Stretch & Tone 10-11	24 Yoga 9-10am	25 Stretch & Tone 10-11	26 Watercolor 9-11 5 to 9:30 Private Party	27 Life Stream Blood Drive 9 to 2
28	29 Yoga 9-10am	30 Stretch & Tone 10-11				